



**NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, PLOT 91, CADASTRAL ZONE
NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PUBLIC HEALTH SCIENCE
2025_1 EXAMINATION...**

**COURSE TITLE: HEALTH EDUCATION AND PROMOTION
COURSE CODE: PHS524
COURSE TITLE: HEALTH EDUCATION AND PROMOTION
COURSE UNITS: 3 UNIT
TIME ALLOWED: 2 HOURS
TOTAL SCORE: 70 MARKS
INSTRUCTION: ANSWER ALL THE QUESTIONS**

- 1.a Explain in details the five key elements of social mobilization crucial for promoting positive change in the nutrition and health outcome of vulnerable groups within a community. (15 marks)
- 1.b. Before undertaking the health education programme, it is important to identify the learning needs of individual and community. Enlist the learning needs of individual and that of the community. (10 marks)
- 2.a Highlight the important information that should be recorded when Recording health education activities (10 marks)
2. b. Highlight the steps you will take in Organizing health educational activities (10 marks)
3. Describe in Tabular form types of teaching method and their use for appropriate health promotional education (15 marks)
4. Describe the conditions that Facilitate Learners for Behavioural Changes (10 marks)