



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PUBLIC HEALTH SCIENCE
SEPTEMBER 2020_1 EXAMINATION

COURSE TITLE: Health Education and Health Promotion (PHS524)

CREDIT UNIT: 3 Units

TOTAL SCORE: 70 Marks

TIME ALLOWED: 2 Hours

INSTRUCTIONS: Answer ALL Questions.

QUESTION 1

(20 marks)

- 1a). Mention three principles or rational for Health Education. **(3 marks)**
1b). Briefly describe Primary Health Care. **(7 marks)**
1c). List and discuss the 3 levels where Health Education Intervention strategies are often applied. **(10 marks)**

QUESTION 2

(20 marks)

- 2a). Briefly discuss Godfrey Hochbaum's theory. **(3 marks)**
2b). Define juvenile delinquency and mention some habits and practices associated with it. **(7 marks)**
2c). List and briefly explain the five motivational needs as postulated by Abraham Maslow. **(10 marks)**

QUESTION 3

(15 marks)

- 3a). Learning is a systematic process of acquiring knowledge. Explain. **(5 marks)**
3b). Explain five conditions that facilitate learning. **(10 marks)**

QUESTION 4

(15 Marks)

- 4a). Learning is emotional and intellectual, Discuss. **(14 marks)**
4b). Define Self evaluation. **(1 mark)**