



NATIONAL OPEN UNIVERSITY OF NIGERIA
University Village, Nnamdi Azikiwe Express Way, Jabi, Abuja
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PUBLIC HEALTH SCIENCE
SEPTEMBER, 2020_1

COURSE TITLE: Community Mental Health

COURSE CODE: PHS505

CREDIT UNITS: 3 Units

TIME ALLOWED: 2 hours

TOTAL MARKS: 70%

INSTRUCTION: Answer all questions.

QUESTION 1 20 marks

- 1a. Use some examples and explain what you understand by community mental health? **(5 marks)**
- 1b. List five (5) attributes of a community mental health practitioner. **(5 marks)**
- 1c. Explain with relevant examples five (5) goals of community mental health nursing. **(10 marks)**

QUESTION 2 20 marks

- 2a. Define Schizophrenia. **(2 marks)**
- 2b. Explain with examples the features of the positive and negative symptoms of schizophrenia. **(10 marks)**
- 2c. Explain, with relevant examples the meaning of the following four (4) thought and speech disorders commonly encountered in schizophrenic patients
- i. Delusions of grandeur **(2 marks)**
 - ii. Delusions of reference **(2 marks)**
 - iii. Delusions of control **(2 marks)**
 - iv. Over inclusion **(2 marks)**

QUESTION 3 15 marks

- 3a. Explain what you understand by the term “withdrawn behavior”? **(5 marks)**
- 3b. Describe five (5) characteristics of “withdrawn behavior.” **(10 marks)**

QUESTION 4 15 marks

Briefly describe the assumptions of the following theories as regards to Anxiety Disorder

- 4a. Psychodynamic theory **(5 marks)**
- 4b. Learning theory **(5 marks)**
- 4c. Cognitive theory **(5 marks)**