



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**UNIVERSITY VILLAGE, PLOT 91, CADASTRAL ZONE,**  
**NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA.**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF PUBLIC HEALTH SCIENCE**  
**SEPTEMBER, 2020\_1**

**COURSE CODE: PHS 401**

**COURSE TITLE: COMMUNITY REPRODUCTIVE AND ADOLESCENT HEALTH**

**COURSE UNITS: 3 UNITS**

**TIME ALLOWED: 2 Hours**

**TOTAL MARKS: 70%**

**INSTRUCTION: ANSWER ALL THE QUESTIONS**

**QUESTION 1      20 marks**

- (1a). Define condom as a method of birth control. **1mark**  
(1b). Describe the procedure for correct use of the condom. **10marks**  
(1c). List four advantages of male condom. **4marks**  
(1d). Mention five disadvantages of male condom. **5marks**

**QUESTION 2      15 marks**

- (2a). Briefly describe the technique of insertion of Intrauterine Device (IUD) as a method of birth control. **5marks**  
(2b). Write a short note on infection as one of the Complications of Intrauterine Device. **5marks**  
(2c). Outline five contraindications of Intrauterine Device as a method of birth control. **5marks**

**QUESTION 3      20 marks**

- (3a). Describe two types of Injectable contraceptives. **10marks**  
(3b). List five disadvantages of Injectable contraceptives. **5marks**  
(3c). Mention five advantages of Injectable contraceptives. **5marks**

**QUESTION 4      15 marks**

- (4a). Write short notes on:  
i. Elevated Blood Pressure as a complication of Oral contraceptives **5marks**  
ii. Blurred vision as a complication of Oral contraceptives. **5marks**  
(4b). Mention three ways through which Oral contraceptives prevent pregnancy. **3marks**  
(4c). List two advantages of Oral contraceptives. **2marks**