



NATIONAL OPEN UNIVERSITY OF NIGERIA

Plot 91, Cadastral Zone, NnamdiAzikiwe Expressway, University Village, Jabi-Abuja

FACULTY OF HEALTH SCIENCES

DEPARTMENT OF NURSING

SEPTEMBER 2020_1 EXAMINATION

COURSE CODE: NSC505

COURSE TITLE: MATERNAL AND CHILD HEALTH III

INSTRUCTIONS: ANSWER ALL QUESTIONS TIME: 2hours

TOTAL SCORE: 70%

1. Mrs. Onah G₃P₂⁺⁰ at 24 weeks gestation is rushed to the emergency room with complaints of bleeding per vagina with no associated pain. On investigation she is observed to have a low lying placenta, hypotension and a feeble pulse.
 - a. Explain the term placenta praevia (2 marks)
 - b. With the aid of a diagram describe the varying degrees of placenta praevia (8 marks)
 - c. Discuss the management of Mrs. Onah (8 marks)
 - d. List four (4) possible complications of placenta praevia (2 marks)

2. Mrs Mago a gravid 4 para 2+1 woman at 38 weeks gestation was brought to the labour ward with history of being in labour for the past 20 hours.
 - a. List six (8) causes of prolonged labour (4 marks)
 - b. Discuss the nursing and medical management of Mrs. Mago with prolonged first stage of labour. (10 marks)
 - c. List three (3) complications of prolonged labour to Mrs Mago and three (3) complications to the baby (6 marks)

3.
 - a. What are the parameters for diagnosing breech presentation? (4 marks)
 - b. Describe the management of breech delivery (10 marks)
 - c. Outline three (3) complications each that may arise from this condition for the baby and mother (6 marks)

4. Postnatal mood disorders have an increased risk of occurrence following delivery

Discuss the management and prevention of puerperal psychosis. (10 marks)