



**National Open University of Nigeria**  
**Jabi Abuja**  
**Department of Nursing Sciences**  
**SEPTEMBER 2020\_1 EXAMINATION**

**COURSE CODE: NSC412**

**COURSE TITLE: MENTAL HEALTH AND PSYCHIATRIC NURSING II**

**INSTRUCTION: ANSWER ALL TIME: 2 HOURS**

**Question 1**

Substance abuse is becoming both a social and public health issue.

- a. List six (6) substances commonly abused. 6mks
- b. Discuss the three approaches as initial management of the Crisis. 6mks
- c. Identify four methods of combating drug abuse and drug addiction. 8mks

**Question 2**

Write the short notes on the following socio-economic and psychological problems of drug abuse and drug addiction.

- a. Deviant Behaviours
- b. Mental Illness
- c. Broken Homes
- d. Low Productivity
- e. Late Diagnosis of Disease

**4 marks each**

**Question 3**

Therapeutic community as “a therapy in which patient’s social environment would be used to provide a therapeutic experience for the patient by involving him as an active participant in his own care and the daily problems of his community.

- a. What are Elements of Therapeutic Community. 10mks
- b. Discuss the Role of the Nurse. 10mks

**Question 4**

Crisis can be viewed as an integral component of everyday life situations. A crisis may influence people’s lives in different ways.

- a. Describe briefly the types of crisis. 5mks
- b. Outline six characteristics of individuals prone to crisis. 5mks