



# NATIONAL OPEN UNIVERSITY OF NIGERIA

Plot 91, Cadastral Zone, NnamdiAzikiwe Expressway, University Village, Jabi-Abuja

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### DEPARTMENT OF NURSING SCIENCE

SEPTEMBER, 2020\_1

**COURSE CODE: NSC 309**

**COURSE TITLE: MATERNAL & CHILD HEALTH NURSING 1**

**INSTRUCTION: ANSWER ALL      TIME: 2 HOURS**

1. With the aid of a large well labelled diagram describe the ovary
  - Diagram - (1mk)
  - Labeling - (2mks)
  - Description - (5mks)

Total= 8mks
- b. Describe the process of fertilization (4mks)
- c. List the causes of infertility in the:
  - i. Male
  - ii. Female (2mks each)
- d. Explain the outcomes of ectopic pregnancy (4mks)
2. To minimize the risk of maternal trauma and a safe delivery of the baby, episiotomy is given to the woman.
  - a. Define episiotomy? (2mks)
  - b. List six (6) indications for episiotomy (3mks)
  - c. Describe the four (4) types of episiotomy (12mks)
  - d. Mention six (6) advantages of giving episiotomy (3mks)
3. Every year, half a million women die of problems from pregnancy, childbirth, and unsafe abortion. Most of these deaths could be prevented by family planning.
  - a. Explain the concept of family planning? (5mks)

- b. Describe the benefits of family planning? (5mks)
  - c. Discuss the common side effects of and warning signs for problems with combined pills (10mks)
4. Mrs. Edet, Gravida 1 Para 0 has been in labour for the past 10hours. On vaginal examination, the cervical os is fully dilated, the head is crowned and the perineum distended.
- a. Describe the four (4) stages of labour (10mks)