



# **NATIONAL OPEN UNIVERSITY OF NIGERIA**

**Plot 91, Cadastral Zone, Nnamdi Azikiwe Expressway, University  
Village, Jabi-Abuja**

**FACULTY OF HEALTH SCIENCES**

**SEPTEMBER 2020\_1 EXAMINATION**

**COURSE CODE: NSC301**

**COURSE TITLE: HUMAN BEHAVIOUR IN HEALTH AND ILLNESS**

**INSTRUCTIONS: ANSWER ALL**

**TIME: 2 HOURS**

(1a) Explain the term “human behavior” (5marks)

(1b) Outline Ten (10) features of human behavior. (20marks)

(2a) Discuss the holistic dimensions of health, highlighting the advantages and disadvantages (15marks)

(2b) Outline the major components of biological illness dynamics (10marks)

(3) (5) Write note on

(a) Sick role behaviour (5marks)

(b) Health behavior (5marks)

(c) Health promotion (5marks)

(d) social learning theory (5marks)