



NATIONAL OPEN UNIVERSITY OF NIGERIA
Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi, Abuja, FCT
Faculty of Health Sciences
Department of Nursing Sciences
2024 1 EXAMINATION

Programme: Bachelor of Nursing Science
Course Code: NSC503
Course Title: Mental Health and Psychiatric Nursing III
Course Credit Units: 4 Units
Time Allowed: 2 Hours
Total Score: 70 Marks
Instruction: Answer All the Questions

Question 1

- 1(a). What is Grief? (2 marks)
(b). Explain five (5) stages of Grieving (10 marks)
(c). Highlight any four factors influencing the Grief process (4 marks)
(d). Briefly explain Maladaptive Grief Responses (4 marks)

Question 2

- 1(a). What is psychotherapy? (2 marks)
(b) Discuss the following psychological therapies:
i. Psychoanalytic therapy
ii. Behavioural therapy
iii. Cognitive therapy (4 marks each)
(c). Describe the Roles of the Nurse in Psychological therapies. (6 marks)

Question 3

- 3(a). Enumerate four (4) classes with examples of antidepressant. (4 marks)
(b). List four (4) indications of lithium administration (2 marks)
(c). List eight (8) Signs and symptoms of lithium toxicity (4 marks)
(d). Explain your nursing responsibilities on the following:
i. A patient with Lithium Toxicity
ii. A Patient receiving Antidepressants (5 marks each)

Question 4

4. Prevention is better than cure. Explain levels of prevention in the community (10 marks)