



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**Faculty of Health Sciences**  
**Department of Nursing Sciences**  
**2024 1 EXAMINATION**

**Programme: Bachelor of Nursing Science**

**Course Code: NSC312**

**Course Title: Maternal and Child Health Nursing II**

**Course Credit Units: 3 Units**

**Time Allowed: 2 Hours**

**Total Score: 70 Marks**

**Instruction: Answer All the Questions**

- 1 a) Draw a well-labelled lateral image of the female breast (6 marks)  
b) List 7 essential conditions for a successful lactation (3½ marks)  
c) List 4 advantages of breastfeeding each to the mother and infant (8 marks)  
d) Write briefly on home visiting (2½ marks)
  
- 2 a) Describe the 'subsequent care of the newborn' (10 marks)  
b) Describe the developmental milestones from birth to 5 years (10 marks)  
c) What are the major contributions of Piaget to child development? (5 marks)
  
- 3 a) i. What does **Concept 5** of the newborn care address (6 marks)  
ii. List six (6) common characteristic of newborn respiration (6 marks)  
b) Initiation of breathing is a complex process, describe the factors that aid this process (8 marks)  
c) What do you understand by 'family adjustment'? (5 marks)