



National Open University of Nigeria
Faculty of Education
Human Kinetics and Health Education Department
2024 1 EXAMINATION

Course Code: KHE 333 Course Status: 2C Time: 2 hours

Course Title: **Community Recreation :**

Instruction: Answer Question ONE and any other Two Questions

1. a. Explain the following as it affects agencies that provide recreation activities:
 - i. Individual and Home
 - ii. Private Agencies
 - iii. Voluntary Agencies
 - iv. Commercial Agencies
 - v. Governmental Agencies.

10marks
- b. Describe FIVE (5) solutions to the problems mitigating the activities of recreational activities in our society in 2a above.

10marks
- c. Discuss TEN (10) Benefits of recreation activities

10marks
2. a. Explain the history of Langa Game

5marks
- b. State FIVE (5) objectives of traditional wrestling in Nigeria

5mark
- c. Write notes on the following scope of recreational activities:
 - i. Physical activities
 - ii. Social activities
 - iii. Creative and aesthetic activities
 - iv. Non-survival
 - v. Recreation activities

10marks
3. a. Explain any FIVE (5) problems mitigating the activities of recreational activities in our community

10marks
- b. Discuss any TEN (10) guidelines for planning and establishment of recreational Activities.

10marks
4. a. Explain the History of Abula Game

5marks
- b. Explain any FIVE (5) objectives of recreation activities

10marks
- c. With the aid of a diagram discuss the Ayo game

5marks