



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
91 Cadastral Zone, Nnamdi Azikiwe Expressway, Jabi, Abuja  
**DEPARTMENT OF EDUCATIONAL FOUNDATION**  
**Faculty of Education**  
**2024 1 EXAMINATION**

**COURSE CODE: EGC 813**

**COURSE TITLE: GROUP DYNAMICS AND COUNSELLING PROCESSES**

**CREDIT UNIT: 2**

**TIME: ALLOWED: 2 HOURS**

**INSTRUCTIONS: ANSWER QUESTION 1 AND ANY OTHER 2 QUESTIONS**

**Question 1**

- a. Explain the meaning and purposes of group dynamics. **15 marks**
- b. Explain the meaning and purposes of group counselling. **15 marks**

**Question 2**

- a. List five (5) essential eclectic model of processes of group counseling. **5 marks**
- b. Explain what group process is. **5 marks**
- c. Identify and explain five (5) stages of group counselling process. **10 marks**

**Question 3**

- a. List and explain five (5) therapeutic principles that describe the different factors of counselling that can positively affect the clients in group counseling. **15 marks**
- b. State five (5) characteristics of group counselling. **5 marks**

**Question 4**

- a. Explain five (5) differences between individual counselling and group counselling. **10 marks**
- b. Describe five (5) similarities between individual counselling and group counselling. **10 marks**