



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES
2023 2 EXAMINATIONS

PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc)
COURSE CODE: NSC503
COURSE TITLE – ADVANCED MENTAL HEALTH/PsYCHIATRIC NURSING
CREDIT UNITS: 4
TIME ALLOWED: 3 HOURS
TOTAL MARKS: 70%
INSTRUCTION: ANSWER ALL QUESTIONS

Question 1

According to Hendricks (1985), certain individuals are more prone to crisis than others.

- i). Define crisis 2 marks ✓
ii). What are the aims of crisis intervention technique? 2 marks ✓
iii). As a nurse, discuss the intervention technique you will employ to assist a new parent experiencing crisis 16 marks

Question 2

Highlight five stages of feelings and behaviours that individuals experience in response to a real, perceived or anticipated loss according to Kubler-Ross 10 marks

Question 3

- a). Discuss the following.
i. Substance abuse
ii. Substance Dependence
iii. Multiple Drug Abuse 12 marks ✓
b). Suggest four methods that you think can effectively combat substance use and addiction 8 marks

Question 4

- a). Explain the following side effects of anti-psychotics:
i. Neuroleptic-induced Parkinsonism
ii. Acute dystopia
iii. Akathisia
iv. Tardive dyskinesia
v. Neuroleptic malignant syndrome
b). Itemise your role as a nurse in ECT team pre, intra and post ECT procedure 10 marks
10 marks