



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF NURSING SCIENCES**  
**2023\_2 EXAMINATIONS**

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**PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc.)**  
**COURSE CODE: NSC301**  
**COURSE TITLE – HUMAN BEHAVIOUR IN HEALTH AND ILLNESS**  
**CREDIT UNITS: 2**  
**TIME ALLOWED: 2 HOURS**  
**TOTAL MARKS: 70%**  
**INSTRUCTION: ANSWER ALL THE QUESTIONS**

**Question 1**

- a. What is Complementary and Alternative Medicine. 1mk
- b. Discuss the 8 components of complementary and Alternative Medicine. 16mks
- c. Identify the physical problems that occur as a result of illness. 8mks

**Question 2**

- a. Explain the term ‘Acute illness’ (2 marks)
- b. Explain the term ‘Chronic illness’ (2 marks)
- c. List six types of acute illness (3 marks)
- d. List six types of chronic illness (3 marks)
- e. Outline five (5) differences between acute and chronic illness (10 marks)

**Question 3**

- a. What is the role of mass media in ‘Health Promotion’? (7 marks)
- b. Describe the role of health promotion in the following:
  - i. The school (5 marks)
  - ii. The workplace (7 marks)
  - iii. The community (6 marks)