

National Open University of Nigeria
Plot 91 Cadastral Zone, Nnamdi Azikiwe Express Way
Jabi, Abuja

Faculty of Education
2023_2 EXAMINATIONS_

Programme: M.Ed Guidance and Counselling

Course Code: EGC815

Course Title: Sex and Family Life

Time Allowed: 2 Hours

Instruction: Answer Question 1 and any other two questions.

- 1a. Describe the Human Sexual Response Cycle
 - b. Describe Three (3) Abnormal sexual behaviours
 - c. Discuss the stages of Premarital Counselling (30 marks)
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- 2a. What are the Goals of Family counselling
 - b. Discuss the process of family counselling (20 marks)
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- 3a. List and Explain five indicators that children need counselling
 - b. What preparations do you need to make as a counsellor before counselling children?
(20 marks)
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4. Discuss Five Sexually Transmitted Diseases (STDs) and how they can be treated
(20 marks)