

### NATIONAL OPEN UNIVERSITY OF NIGERIA

Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi- Abuja

#### **FACULTY OF EDUCATION**

### POP EXAMINATION 2022 2

PROGRAMME: B. Sc. Ed/B. A. Ed

COURSE CODE: EDU 421

COURSE TITLE: FUNDAMENTALS OF GUIDANCE AND COUNSELLING

CREDIT UNITS: 2

TIME ALLOWED: 2 HOURS

INSTRUCTIONS: ANSWER QUESTIONS ONE (1) AND ANY OTHER TWO (2).

**Question 1** 

a) Give a detailed explanation of the term counseling (10 marks)

b) Mention and describe each stage of counselling processes. (20 marks)

TOTAL = 30 marks

# **Question 2**

a) State the classification of counselling. (5marks)

- b) Differentiate clearly between guidance and counselling.(5marks)
- c) Explain the concept of Career planning.(5marks)
- d) Briefly explain the qualities of good records in a school system.(5marks)

TOTAL = 20marks

### **Question 3**

State and explain the problems hindering effective implementation of guidance programme in Nigerian schools. (20marks)

### **Ouestion 4**

List and discuss five types of school records kept in Nigerian schools. (20marks)

## **Question 5**

- a) Mention five techniques of counselling. (10 marks)
- b) Discuss any five (5) advantages of Guidance and Counselling in Nigerian school system. (10 marks)