



NATIONAL OPEN UNIVERSITY OF NIGERIA

Plot 91 Cadastral Zone Jabi, Abuja

FACULTY OF EDUCATION

(DEPARTMENT OF EDUCATIONAL FOUNDATIONS)

2022_1 EXAMINATIONS

Course Title: Sex and Family Counselling

Course Code: EGC 815 (2 Unit)

Time: 2 hrs

INSTRUCTION: Answer questions one and any other two questions.

1(a). Briefly explain the term “sexual response cycle” (5mins).

1(b). Discuss excitement, plateau and orgasm phases of sexual response cycle (15marks).

1(c). Define the term “mating” (10marks).

2(a). Explain what can lead to substance induced sex problem (10marks).

2(b). What do you understand by the word adolescent? (10marks).

3(a).List five changes in boys during Puberty (10marks).

3(b).Itemize five changes in girls during puberty (10marks).

4(a).Explain two important points parent should lay emphasis on during adolescent period (10marks).

4(b). Define the term family, list five responsibilities of the family to the members (10marks).