



**NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, PLOT91, CADASTRAL ZONE
NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF PUBLIC HEALTH SCIENCE
EXAMINATION QUESTIONS 2021_1 ...**

**COURSE TITLE: REPRODUCTIVE AND ADOLESCENT HEALTH
COURSE CODE: PHS401
COURSE UNITS: 3 Units
TIME ALLOWED: 2 Hours
TOTAL MARKS: 70%
INSTRUCTION: Answer all the Questions**

QUESTION 1 20marks

- (1a) Explain “**Menarche**” and the associated body changes it brings about. **10marks**
- (b) Carefully describe the “**Embryonic stage**” of a baby **10marks.**

QUESTION 2 15 marks

- (2a) Explain the phrase “**Congenital abnormalities**” **5marks**
- (b) Write short note on:
- (i) Probable sign of Pregnancy **5marks**
- (ii) Positive sign of Pregnancy **5marks**

QUESTION 3 20 marks

- (a) Hormones are chemicals produced by the body that cause changes in certain body tissues during pregnancy . With reference to the above statement, discuss the the “**Renal system**” changes in pregnancy. **10marks**
- (b) Based on the statement of fact made in (3a) , discuss **Respiratory system**” changes in pregnancy. **10marks.**

QUESTION 4

15 marks

(4) Write short notes on the following components of a first antenatal visit for safe delivery of a Baby.

- (i) Nutritional assessment **5marks**
- (ii) Family medical history **5marks**
- (iii) Obstetrical history **5marks**