



NATIONAL OPEN UNIVERSITY OF NIGERIA
Plot 91, Cadastral Zone, Nnamdi Azikiwe Express Way, Jabi, Abuja
Faculty of Education

COURSE CODE: EDU421

COURSE TITLE: FUNDAMENTALS OF GUIDANCE AND COUNSELLING

CREDIT UNIT 2

TIME ALLOWED: 2 HOURS

INSTRUCTIONS: Answer question 1 (one) and any other two (2) questions

1. What is guidance and counselling? **(10 Marks)**
 - i) Briefly explain the basic principles that guide the practice of guidance and counselling. **(10 Marks)**
 - ii) Outline the reasons for the need for guidance and counselling in our school system. **(10 Marks)**
2. Elaborately discuss problems hindering the implementation of guidance and counselling program in the secondary school system. **(20 Marks)**
3. Write school note on the following:
 - a) Guidance functions of school Counsellor
 - b) The community and the school guidance program
 - c) Techniques in Counselling
 - d) Types of School Records **(5 Marks each)**
4.
 - (i) Briefly explain five qualities of good records **(10 Marks)**
 - (ii) Enumerate the significance of school records. **(10 Marks)**
5.
 - i) What is counselling process? **(10 Marks)**
 - ii) Identify and explain state of counselling process. **(10 Marks)**