

**NATIONAL OPEN UNIVERSITY OF NIGERIA**

**Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi, Abuja, FCT**

**Faculty of Health Sciences**

**January, 2018**

**Programme: Bachelor of Nursing Science**

**Course Code: NSS323**

**Course Credit Unit: 4**

**Course Title – Maternal and Child Health Care I**

**Time Allowed: 2 hours**

**Total Score: 70 marks**

***Instruction*: Answer ALL questions**

**QUESTION 1**

1. Minor disorders of pregnancy are conditions in pregnancy that are not threat to life but can distress the woman, making life miserable and undermine her health.

a). Discuss the following minor disorders in pregnancy and how you will treat them.

i. Nausea and vomiting – (Morning Sickness)

ii. Backache

iii. Varicosities

iv. Fainting

v. Heart burn (5 marks each = **25matrks**)

**QUESTION 2**

2. Discuss the following conditions of abnormal peuperium.

a. Puerperal Psychosis (15 marks)

b. Sub-Involution (10 marks)

**QUESTION 3**

3. Circulation of blood differs in in-utero and after birth. Discuss the foetal circulation in detail.

(20 marks)