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**NATIONAL OPEN UNIVERSITY OF NIGERIA**

**FACULTY OF EDUCATION**

**JULY 2017\_1(SEMESTER) EXAMINATION**

**COURSE CODE: EGC 812 (2 CREDIT UNITS)**

**COURSE TITLE: BEHAVIOUR MODIFICATION**

**INSTRUCTIONS: ATTEMPT QUESTIONS ONE AND ANY OTHER 2.**

**TIME ALLOWED: 2 HOURS**

1(a). Distinguish between the assumptions of John Locke and Jean Jacques Rousseu on mode of behaviour acquisition. **10marks.**

(b). Differentiate between adaptive behaviour and maladaptive behaviour.**10marks.**

(c). Discuss the four main processes that are involved in observational learning.**10marks.**

2(a). Discuss five steps involved in behaviour management. **10marks.**

(b). Discuss the four main cognitive biases in Beck’s cognitive therapy.

3(a). Explain the five types of behaviours that may be found during therapeutic assessment. **10marks.**

(b). Enumerate five basic assumptions about behavioural therapies.**10marks.**

4a. Give five reasons why people seek therapeutic interventions.**10marks.**

(b). Discuss four techniques advocated by Carl Rogers when counsellors employ the client-centered therapy.**10marks.**

**5(a).** Highlight four methods used by psychologists in behaviour modification. **10mark**

(b).Bandura (1986) highlighted four basic processes that are involved in observational learning. Discuss. **10marks.**