

**NATIONAL OPEN UNIVERSITY OF NIGERIA**

**Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi - Abuja**

**FACULTY OF HEALTH SCIENCES**

**OCTOBER/NOVEMBER EXAMINATION 2016**

**COURSE CODE: NSS 303**

**COURSE TITLE: Behaviour in Health and Illness**

**CREDIT UNIT: 2 Units**

**TIME ALLOWED: 2 Hours**

***INSTRUCTION: READ THE QUESTIONS CAREFULLY AND ANSWER ALL.***

**QUESTION 1**

Illness behavior is the process by which people seek medical help or advice narrating their experiences the way they feel.

a) Explain the concepts of “ illness behavior and symptoms” 4 marks

b) Discuss the importance of symptom experience 6 marks

c) What are the types of information you will inquire from a client during

symptom assessment (give relevant examples) 10 marks

d) List ten (10) symptoms with their associated suggestive clinical conditions 10 marks

**QUESTION 2**

a) Define alcoholism. 2 marks

b) What are the effects of alcoholism on the health of a person? 5 marks

c) Obesity is a social and psychological problem that has been very difficult to manage in the society.

i. Describe Obesity. 3marks

ii. What are the contributing factors to the development of obesity? 7marks

iii. Enumerate six (6) conditions that are direct complications of obesity. 3 marks

**QUESTION 3**

a) Explain the difference between complementary and alternative medicine. 1mark

b) Discuss on the following:

i. Faith healing 4 marks

ii. Folk healing 4 marks

c) Identify the 3 main routes of transmission of HIV. 3 marks

d) Discuss the recommended approaches to the prevention of HIV according

to the routes of transmission you have identified 12 marks