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**National Open University of Nigeria**

**Plot 91, Cadastral Zone, Nnamdi Azikwe Express Way, Jabi - Abuja**

**Faculty of Health Sciences**

**October/November Examination 2016**

**Course Code: HEM 731**

**Course Title: Communication and Counselling in HIV/AIDS**

**Credit Unit: 3 Units**

**Time Allowed: 2 Hours**

**Instruction: Answer Question 1 and any other 3 questions**

**Question 1: (Compulsory, 25%)**

1a: Discuss the stages of counseling process that a health counselor should be aware of and most importantly adhere to (15 marks)

1b: Explain comprehensively with appropriate examples 5 qualities of a good counselor (10 marks)

**Question 2**

2a: Explain the aims of HIV counseling (3 marks)

2b: Identify and briefly explain objectives of HIV pre-test counseling (12marks)

**QUESTION 3**

The following counseling approaches have unique assumptions that are specific to them. Identify and explain them.

1. The Directive of Authoritarian Approach (5 marks)
2. The Humanitarian Approach (5 marks)
3. The Behavioural Approach (5 marks)

**Question 4:**

1. What do you understand by bereavement counseling? (2 marks)
2. What are the goals of bereavement counseling (3 marks)
3. Identify and briefly explain stages of bereavement (10 marks)

**Question 5:**

In HIV counseling, the counselor is expected to be aware of the meaning of each HIV result specifications in order to guide the helping process. Briefly explain the meaning of the following HIV results:

1. A negative result (3 ½ marks)
2. An indeterminate result (3 ½ marks)
3. False positive result (3 ½ marks)
4. False negative result (3 ½ marks)