

**National Open University of Nigeria**

**Plot 91, Cadastral Zone, Nnamdi Azikiwe Express Way**

**Jabi - Abuja**

**Faculty of Education**

**October/November Exanimation 2016**

**Course Code: EGC 813**

**Course Title: Group Dynamics & Process in Counselling**

**Credit Unit: 2 Units**

**Time Allowed: 2 Hours**

**Instructions: Attempt Questions One And Any Other 2.**

1(a). Give a concise definition of Group Guidance and Group Counselling. (5mks).

(b). Discuss five dimensions of group effectiveness that can be used as model to evaluate how well a group can function. (5x3=15mks).

(c). State five characteristics of effective Counselling groups. (5x2=10mks).

2(a). What are group dynamics? (8mks).

(b). Discuss three philosophical assumptions of the theory of Transactional Analysis. (3x4=12mks).

3(a). Enumerate any five factors to be considered in the formation of a result oriented counselling group. (5x2=10mks).

(b). Discuss three strengths and two weaknesses of the theory of Rational Emotive Behavioral Therapy. (5x2=10mks).

4(a). Discussfive Key concepts of Gestalt therapy. (5x2=10mks).

(b). Evaluate five Roles that reality therapists can employ in counseling situations. (5x2=10mks).

**Grand total =30+20+20=70mks.**