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**NATIONAL OPEN UNIVERSITY OF NIGERIA**

**14-16 AHMADU BELLO WAY, VICTORIA ISLAND LAGOS**

**SCHOOL OF SCIENCE AND TECHNOLOGY**

**MAY/JUNE 2012 EXAMINATION**

NSS 401 Mental Health and Psychiatric Nursing (3 CR)

Time Allowed: 3 hours

Total Score: 100 marks

*Instruction*: Answer all questions in section A and any other 4 in Section B. (Total: 5 questions)

SECTION A: (Compulsory 20 marks)

1. Mental retardation refers to significantly sub-average intellectual functioning resulting in impairment in adaptive behavior during the *--------------* period
2. The concept, Juvenile delinquency is essentially a *--------* term rather than a psychiatric term
3. Psychotherapy should involve a *------------* dialogue between a client and a therapist
4. *--------------* is regarded as the most common of sexual deviations
5. Mental health could be viewed as a state that is completely *--------------*
6. Psychiatry is a *--------* specialty devoted to the study and treatment of mental disorder
7. Psychiatric assessment starts with *---------* examination
8. The diagnostic manual, Diagnostic and Statistical Manual of Mental Disorders, DSM, is published and reviewed periodically by *----------------------*
9. Abraham Maslow is best known for the *-------------------* theory
10. A Hypochodriacal patient believes that*-------------------*
11. The assumption is that most defence mechanisms are unconsciously *------------*
12. The method of psychoanalysis in which a client says whatever comes to mind without thinking about them is known as *----------------*
13. Paranoid, Residual, Catatonic, Hebephrenic, etc, are subtypes of *-------------*
14. In general, defence mechanisms are *-------------* responses that helps individuals avoid unpleasant situation
15. ECT, a treatment method for psychiatric disorders means *-----------------*
16. Factor that causes psychiatric illness are either Predisposing or *--------------*
17. Verbigeration is characterized by repetition of *---------------*
18. Catalepsy is characterized by *--------------------*
19. The International Classification of Diseases, ICD, a diagnostic manual, is edited by *---*
20. To be paranoid means to be *---------*

(Total= 20 marks)

SECTION B Answer 4 questions in this section – (6 to answer 4 )

Question 1:

Shainberg and Byer (1974) identified eight characteristics of positive mental health? Identify and briefly describe them *(20 marks)*

QUESTION 2

What are the Predisposing and Precipitating causes of psychiatric illness? (20 marks)

QUESTION 3

Briefly explain any four of the following types of defence mechanisms

1. Transference (5 marks)
2. Sublimation (5 marks)
3. Avoidance (5 marks)
4. Dissociation (5 marks)
5. Projection (5 marks) *Total: 20 marks*

QUESTION 4

1. Define Hallucination? (3 marks)
2. Identify and explain types of hallucination? (17 marks) *Total: 20 marks*

QUESTION 5

1. What is mental status examination? (7 marks)
2. In mental status examination, the medical practitioner is expected to take note and assess specific areas. Identify them (8 marks)
3. In observing /examining a psychiatric patient, the medical practitioner should perform what task. (5 marks) *Total: 20 marks*

QUESTION 6

1. Describe personality trait disturbance? (2 marks)
2. Identify and briefly explain the three types of personality trait disturbances (18 marks) *Total: 20 marks*